

# **Iowa** **Association** **for Play Therapy** **24th Annual** **Conference**

**Jeff Ashby, PhD, ABPP**

**presenting**

**Play Therapy with Teens & Tweens:  
Individual & Family Interventions  
&  
Play Therapy with Angry  
& Aggressive Clients**

**Wednesday, September 12,  
Join Jeff for an Ethics Workshop  
The Ethics of Play Therapy  
in a Changing World**



**Thursday & Friday  
September 13 & 14, 2018  
Marriott Hotel  
1200 Collins Rd. NE  
Cedar Rapids, IA**



# Conference Topics

**Thursday, September 13**

## **Play Therapy with Teens & Tweens:**

### **Individual & Family Interventions**

Be prepared for fun while learning play therapy, adventure therapy, and expressive art techniques; directive sand tray activities; Adlerian concepts and strategies; and life coaching interventions to help preteens and teens gain a sense of belonging and positive identity, increase self-esteem, build relationships, and learn to share power. You will also learn strategies for helping families of tweens and teens improve communication and interactional patterns.

### **Learning Objectives**

**After the session, participants will be able to:**

- Identify primary issues and challenges of working with latency and adolescent age clients in play therapy.
- Use selected play therapy techniques with pre-adolescent and adolescent clients.
- Use selected art and expressive arts techniques with pre-adolescent and adolescent clients (and/or their families).
- Use selected adventure/experiential therapy techniques with pre-adolescent and adolescent clients (and/or their families).

**Friday, September 14**

## **Play Therapy with Angry & Aggressive Clients**

This workshop is designed to help play therapists understand the internal dynamics of the angry child. Using an Adlerian approach, participants will learn how to conceptualize the child's lifestyle and resulting behavior. Workshop participants will also have the opportunity to learn and practice a variety of techniques to help clients gain insight about their lifestyles and resolve underlying issues that result in angry and defiant behavior. In addition, participants will have the opportunity learn and practice a variety of art, expressive, experiential, and play techniques to appropriately express and manage their anger.

### **Learning Objectives:**

**After the session, participants will be able to:**

- Identify the underlying dynamics of children who present with angry, defiant, and aggressive behavior.
- Increase a child client's coping strategies to assist clients in managing hyperarousal and develop emotional regulation.
- Identify techniques to help a child client explore and express thoughts and feelings associated with trauma.
- Practice selected art and expressive arts techniques to use with angry and defiant play therapy clients.
- Practice selected experiential play therapy techniques to use with angry and defiant play therapy clients.

# About Our Presenter



## **Jeff Ashby, PhD, ABPP**

Dr. Jeff Ashby is a Professor in the Department of Counseling and Psychological Services at Georgia State University. He is the former Director of the Georgia State Play Therapy Training Institute, a Licensed Psychologist, and a Registered Play Therapist Supervisor. In addition, he is the Co-Director of Georgia State's Center for the Study of Stress, Trauma, and Resilience, and a Diplomate of the American Board of Professional Psychology. Jeff has authored over 100 professional journal articles and book chapters and regularly presents at professional conferences. Jeff lives in Atlanta with his wife and four children (a constant adventure).

# Wednesday Workshop

September 12th

5:00 - 8:00 PM

## The Ethics of Play Therapy in a Changing World

The purpose of this workshop is to highlight the ethical issues of informed consent, competence, confidentiality and boundaries/multiple relationships as they apply to the recent societal changes that affect play therapy practice. Special emphasis will be given to issues related to the internet, social media, and other technological changes that have offered new ethical challenges for play therapists. Using case studies and vignettes, participants will be invited to consider the best course of action in a variety of scenarios presenting ethical dilemmas.

### Learning Objectives

**After this workshop, participants will be able to:**

- Apply the ethical construct of informed consent across a variety of play therapy settings.
- Apply the ethical construct of competence across a variety of play therapy settings.
- Apply the ethical construct of confidentiality across a variety of play therapy settings.
- Apply the ethical construct of multiple relationships across a variety of play therapy settings.

## Thursday Agenda

8:00 - 8:30 AM	Registration
8:30 - 10:00 AM	Presentation
10:00 - 10:20 AM	BREAK
10:20 - 12:00 PM	Presentation
12:00 - 1:00 PM	LUNCH
1:00 - 2:30 PM	Presentation
2:30 - 2:50 PM	BREAK
2:50 - 4:20 PM	Presentation
4:30 - 5:30 PM	IAPT Board Meeting <i>*Open to All</i>

## Friday Agenda

8:00 - 8:15 AM	Registration
8:15 - 9:45 AM	Presentation
9:45 - 10:00 AM	BREAK
10:00 - 11:45 AM	Presentation
11:45 - 1:00 PM	Lunch Awards Ceremony
1:00 - 2:30 PM	Presentation
2:30 - 2:45 PM	BREAK
2:45 - 4:00 PM	Presentation

# Schedule

# Conference Information

## Location

The conference will be held at the Marriot Hotel, 1200 Collins Rd. NE, in Cedar Rapids, IA; (319) 393-6600. The temperature of the room varies, so please bring a sweater or jacket.

## Food

Lunch is included in the cost of attending the full day workshops. There will be continental breakfast both days, along with snacks and beverages.

## Lodging

A block of rooms has been reserved for the conference participants at the Marriott Hotel for \$112 + tax. You must book by Aug. 22 to get the IAPT discount. You may make your reservation by calling (319) 393-6600 and indicating you are attending the Iowa Association for Play Therapy Conference or you may reserve your room online [here](#). Participants are responsible for obtaining their own lodging. Check In: 4; Checkout: 12.

## Loot

IAPT is very fortunate to again have the Self-Esteem Shop available to offer play therapy specific books & toys. Participants will be entered automatically for the prize drawings. You MUST be present to win!

## Handouts

Presentation handouts will be made available one week prior to the conference for printing.

## Purpose & Intended Audience

Full day presentations will focus on play therapy theory & techniques which play therapists, social workers, counselors, psychologists, nurses, family therapists & child psychologists will find useful in their work with children, adolescents and families.

## Continuing Education Credits

Each full day presentation is approved for 6.0 contact hours (0.6 CEU's) for the following CEU types.

- APT Approved Provider 07-195 (Association for Play Therapy)
- General CEU (The University of Iowa Center for Conferences)
- Self-Evaluation/Self-Report Programs (Social Work, Psychology, Etc.)

Please reference your particular licensure requirements to determine if the program will meet your profession's guidelines for continuing education credits for both full day workshops. Play therapy credit will not be awarded to non-mental health professionals. Certificates of attendance will be provided for a record of CEU's at no charge. Cost is \$10 per CEU discipline if you would like a formal letter of CEU credit and to have a record kept of your attendance.

## Non-Discrimination Policy

Individuals with disabilities are encouraged to attend all Iowa Association for Play Therapy & University of Iowa sponsored events. If you're a person with a disability who requires reasonable accommodations in order to participate in this program, please contact the Center for Conferences directly (319-335-4141). NON-DISCRIMINATION STATEMENT: The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information on nondiscrimination policies, contact the Office of Equal Opportunity and Diversity (319-335-0705): <http://www.uiowa.edu/~our/opmanual/ii/06.htm>.

# Registration Form

Name: \_\_\_\_\_

Credentials (check all that apply):

\_\_\_ MSW \_\_\_ LISW \_\_\_ LCSW \_\_\_ MA \_\_\_ LMHC \_\_\_ NBCC

\_\_\_ PhD \_\_\_ RPT-S \_\_\_ RPT \_\_\_ ATR \_\_\_ LMFT

Workplace: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\_\_\_ Please DO NOT place my name/address on the class list.

Would you like to a CEU? (\$10, formal letter to follow):

\_\_\_ General (used for self-reporting disciplines)

Please indicate your registration type by circling the fee below:

Registration	APT Member	Nonmember	Student
Both Days	\$250	\$290	\$175
Thursday Only	\$160	\$190	\$115
Friday Only	\$160	\$190	\$115
Wed. Workshop	+\$80	+\$95	N/A

\_\_\_ My agency is sponsoring 8+ participants. Please discount my registration by \$10.

Registration Total: \$ \_\_\_\_\_

Payment by Credit Card: \_\_\_ Visa \_\_\_ MasterCard \_\_\_ Discover

Card #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Expiration Date: \_\_\_\_\_ 3 Digit Code: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Billing Address: \_\_\_\_\_

Cancellations made on or before 9/4/18 will be refunded in full less a \$38 processing fee. No refunds will be given for cancellations made after that date.

## Mail Form & Payment To

UI Center for Conferences  
250 Continuing Ed. Facility  
Iowa City, IA 52242

## Call/Fax

P: 319-335-4141

F: 319-335-4039

## Or Register Online

<https://centerforconferences.uiowa.edu/iapt-iowa-association-play-therapy-conference>