Registration Form

16-264-01

Name: _____

Credentials (check all that apply):

___MSW ___LISW ___LCSW ___MA ___LMHC ___NBCC

___PhD ___LMFT ___RPT-S ___RPT ___ATR

Workplace: _____

Address: _____

City: _____ State: _____ Zip:_____

Daytime Phone: _____

Email: _____

___ Please DO NOT place my name/address on the conference list.

Would you like to receive a CEU? ($10 each, formal letter to follow):

___General (may be used for self-reporting disciplines) ___NBCC

Please indicate your registration type by circling the fee below.

Registration Fee	APT Member	Nonmember	Student
Both Days	$250	$290	$175
Thursday Only	$160	$190	$115
Friday Only	$160	$190	$115
Wed. Workshop *Optional*	+$80	+$95	N/A

____ My agency is sponsoring 8+ participants, please discount my registration by $10. *Please submit your registrations together to obtain the discount.*

Registration Total: $_____

Payment by Credit Card: ___Visa ____MasterCard ___Discover

Card #: _____ - _____ - _____ - _____

Expiration Date: _____ 3 Digit Code: _____

Name on Card: _____

Billing Address: _____ Zipcode: _____

Cancellations made on or before 9/12/16 will be refunded in full less a $38 processing fee. No refunds will be given for cancellations made after that date.

Mail Form & Payment To
UI Center for Conferences
250 Continuing Ed. Facility
The University of Iowa
Iowa City, IA 52242

Call
319-335-4141
800-551-9029

Fax
319-335-4039

Or Register Online

http://www.continuetolearn.uiowa.edu/UIConferences/meetings.aspx?cnfcode=16-264-01

Conference Information

Location
The conference will be held at the Sheraton West Des Moines, 1800 50th Street, West Des Moines, IA 50266; (515) 223-1800. The temperature of the room varies, so please bring a sweater or jacket.

Lunch
Lunch is included in the cost of attending the full day workshops. There will be a continental breakfast both days, along with afternoon snacks and beverages.

Lodging
A block of rooms has been reserved for the conference participants at the Sheraton West Des Moines at a rate of $119 + tax. You must book by Sept. 1, 2016 to get the IAPT room discount. You may make your reservation by calling (515) 223-1800 and indicating you are attending the Iowa Association for Play Therapy Conference or you may reserve your room online here.
Participants are responsible for obtaining their own lodging.
Check In—3 PM, Checkout—Noon.

Loot
IAPT is very fortunate to again have the Self-Esteem Shop available to offer play therapy specific books & toys. Participants will be entered automatically for the prize drawings. **You MUST be present to win!**

Handouts
New this year! Presentation handouts will be made available to attendees one week prior to the conference for printing.

Purpose & Intended Audience
Full day presentations will focus on play therapy theory & techniques which play therapists, social workers, counselors, psychologists, nurses, family therapists & child psychologists will find useful in their work with children, adolescents, and families.

Continuing Education Credits
Each full day presentation is approved for 6.0 contact hours (0.6 CEU's) for the following CEU types.

- APT Approved Provider 04-195 (Association for Play Therapy)
  Please note that IAPT's APT Approved Provider No. has changed.
- General CEU (The University of Iowa)
- National Board for Certified Counselors (NBCC)
- Self-Evaluation/Self-Report Programs (Social Work, Psychology, etc.)

Please reference your particular licensure requirements to determine if the program will meet your profession's guidelines for continuing education credits for both full day workshops. Certificates of Attendance will be provided for a record of CEU's at no charge. Cost is $10 per CEU discipline if you would like a formal letter of CEU credit and to have a record kept of your attendance.

Non-Discrimination Policy
Individuals with disabilities are encouraged to attend all Iowa Association for Play Therapy & University of Iowa sponsored events. If you're a person with a disability who requires reasonable accommodations in order to participate in this program, please contact the Center for Conferences directly (319-335-4141).
NON-DISCRIMINATION STATEMENT: The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information on nondiscrimination policies, contact the Office of Equal Opportunity and Diversity (319-335-0705): http://www.uiowa.edu/~our/opmanual/ii/06.htm.

Register Online, By Mail, By Phone, or By Fax
The Center for Conferences
See form on back for more registration details.

Iowa Association for Play Therapy

22nd Annual Conference

Liana Lowenstein, MSW, RSW, CPT-S
presenting
Innovative Evidence-Based Interventions for Traumatized Children
&
Creative Family Therapy Techniques

Join Us Wednesday, Sept. 21st
Dr. Kristin K. Meany-Walen
presents
Ethics for Play Therapists

Association for Play Therapy Iowa
www.iowaa4pt.org

Gold Branch Association for Play Therapy

Thursday & Friday
September 22 & 23, 2016
Sheraton Hotel West Des Moines
1800 50th Street
West Des Moines, IA

Liana Lowenstein, MSW, RSW, CPT-S Presents

Thursday, September 22

Innovative Evidence-Based Interventions for Traumatized Children

There have been a number of treatments developed and tested in recent years specifically geared to treating traumatized children. These approaches share many of the same core components: Engaging clients; conducting a systemic assessment; providing psychoeducation; addressing children and families' traumatic stress reactions; enhancing emotional regulation; facilitating adaptive coping; completing and processing a trauma narrative; enhancing safety skills; and strengthening parenting skills. The effectiveness of trauma-treatment with children is enhanced by integrating playful, developmentally appropriate interventions so clients will engage in treatment. This workshop presents innovative techniques for each of the core components of evidence-based trauma treatment. Participants will come away with many new & creative interventions they can use with clients from preschoolers to teens.

Learning Objectives:

Participants will be able to:

- Describe the core components of evidence-based trauma treatment
- Discuss the benefits of integrating playful approaches in trauma treatment
- Implement at least five new interventions in therapy sessions with traumatized children and youth

Friday, September 23

Creative Family Therapy Techniques

The use of play, art, and other creative activities in family therapy provides a medium for all members to participate in sessions and facilitates family relatedness. Through this dynamic workshop, participants will learn a number of innovative techniques to engage, assess, and treat families. This will include art, games, puppets, drama, and stories. The advantages of using creative techniques with families will be outlined, and tips for overcoming challenges will be discussed. Videos and live demonstrations will be used to illustrate techniques.

Learning Objectives:

Participants will be able to:

- List three benefits to using play, art, and other expressive techniques in family therapy
- Describe three common challenges in family therapy and identify strategies to overcome these challenges
- Utilize many new and creative techniques in therapy sessions with families

www.iowaa4pt.org

About Our Presenter

Liana Lowenstein, MSW, RSW, CPT-S

Liana Lowenstein is a Registered Clinical Social Worker, Certified Play Therapist-Supervisor, and Certified TF-CBT Therapist who has been working with children and their families since 1988. She presents trainings across North America and abroad. Recent speaking engagements include South Africa, Israel, England, and Australia. Liana provides clinical supervision to mental health practitioners, runs a play-therapy internship program, and consults to several mental health agencies. Liana has authored numerous books, including: Creative Interventions for Troubled Children & Youth; Creative Interventions for Children of Divorce; Creative Interventions for Bereaved Children; Cory Helps Kids Cope with Sexual Abuse; and Paper Dolls and Paper Airplanes: Therapeutic Exercises for Sexually Traumatized Children. She is a winner of the Monica Herbert award for outstanding contribution & dedication to child psychotherapy and play therapy in Canada.

Thursday Schedule

8:00-8:30 am	Registration
8:30-10:00	Presentation
10:00-10:15	BREAK
10:15-12:00 pm	Presentation
12:00-1:00	LUNCH
1:00-2:30	Presentation
2:30-2:45	BREAK
2:45-4:00	Presentation
4:30-5:30	IAPT Brd Meeting
	Open to All

Friday Schedule

8:15-10am	Presentation
10-10:15	Break
10:15-12	Presentation
12-1pm	Lunch
1-3:30	Presentation
3:30-3:45	Evaluations
	Announcements
	Final Prizes

Wednesday, Sept. 21st: 5 - 8 pm Workshop

3 CEUs

Ethics for Play Therapists

Play therapists are at an increased risk for professional burn-out and impairment due to baring witness to children's pain. Ethical standards for the three primary helping professions (counseling, psychology, social work) have identified provider wellness and self-care as an ethical obligation. This workshop focuses wellness as an ethical responsibility and provides strategies for improving one's self-care practices.

Learning Objectives:

Participants will be able to:

- Identify the ethical obligation of wellness or avoiding impairment that pertains to their specific mental health discipline (counseling, psychiatry, social work)
- Describe the risk factors that lead to burnout
- List self-care strategies for improving wellness or avoiding burnout
- Explain the professional and personal importance for maintaining wellness

Kristin K. Meany-Walen, PhD, LMHC, RPT, NCC

Kristin K. Meany-Walen is an Assistant Professor at The University of Northern Iowa, teaching in the Counseling Program. She earned her PhD from The University of North Texas where she conducted the first known Adlerian play therapy research study. Kristin works with children & adolescents, and continues to conduct and publish research on the efficacy of Adlerian play therapy. Recently, she co-authored Partners in Play: An Adlerian Approach to Play Therapy (3rd ed), with Terry Kottman. When she is not working with children, teaching about working with children, or writing about working children... she is playing with (or recovering from) her 5 children.

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